

*For Clinic Office Use Only*  
 Date: \_\_\_\_\_ Reviewed By: \_\_\_\_\_  
 Glucagon Expiration: \_\_\_\_\_

Student's Name: \_\_\_\_\_

Summer 2024



**DIABETES CARE PLAN**  
**For Students Who Receive Insulin By Pump**

DOB: \_\_\_\_\_ Grade (2024-2025) \_\_\_\_\_  
 Date Diagnosed: \_\_\_\_\_ Last Hospitalization: \_\_\_\_\_

**BLOOD GLUCOSE MONITORING**

At school, blood glucose should be checked by: School Staff  Student

Where (clinic, classroom, etc.): \_\_\_\_\_

Target range for blood glucose is \_\_\_\_\_ mg/dl to \_\_\_\_\_ mg/dl.

Check the times that blood glucose should be checked at school. Once the student's class schedule is available, as needed, we will work with the family to make a daily glucose monitoring schedule.

<input type="checkbox"/>	Mid-morning	<input type="checkbox"/>	Before Recess	<input type="checkbox"/>	Before PE	<input type="checkbox"/>	Mid-Afternoon
<input type="checkbox"/>	Before lunch	<input type="checkbox"/>	After Recess	<input type="checkbox"/>	After PE	<input type="checkbox"/>	Before afternoon sports
Other/Comments: _____							

Student should not exercise if blood glucose is below \_\_\_\_\_ mg/dl or above \_\_\_\_\_ mg/dl.

**INSULIN REGIMEN for Students using INSULIN PUMP**

Is student competent regarding pump? Yes  No

Basal Rate: \_\_\_\_\_

Bolus Dosage determined by: School Staff  Student  Parent

Bolus dose administered by: School Staff  Student

Times of scheduled Boluses: \_\_\_\_\_

Insulin/Carbohydrate Ratio: \_\_\_\_\_

Correction Factor: \_\_\_\_\_

Sliding Scale: \_\_\_\_\_

**SCHEDULED SNACKS**

\*Snacks must be brought from home. Remind student to eat a snack? Yes  No

Target Amount/Food Content of Snacks: \_\_\_\_\_

**Check times that snacks are to be eaten at school.** Once the student's class schedule is available, as needed, we will work together to make a daily snack schedule.

<input type="checkbox"/>	Mid-morning	<input type="checkbox"/>	Before Recess	<input type="checkbox"/>	Before PE	<input type="checkbox"/>	Before afternoon sports
<input type="checkbox"/>	Mid-afternoon	<input type="checkbox"/>	After Recess	<input type="checkbox"/>	After PE	<input type="checkbox"/>	Other

**LUNCH:**

Student selects  Tray prepared by lunch provider

Target Amount/Food content of Lunch: \_\_\_\_\_

**CLASS PARTIES:**

Instructions/Restrictions when food is provided to the class, e.g. class parties

**EMERGENCY INSTRUCTIONS:**

1. Check blood glucose
2. If student is unresponsive or unable to swallow, administer \_\_\_\_\_ mg Glucagon (provided to Clinic by parents for emergency use only) if blood glucose is low (below \_\_\_\_\_ mg/dl).
3. Call 911 immediately and notify parents.
4. Turn student on his/her side.
5. Other Instructions:

Is there a history of an adverse reaction to Glucagon? Yes  No

**LOW BLOOD GLUCOSE: Below \_\_\_\_\_ mg/dl**

Usual symptoms of **LOW** blood glucose for this student—check all that apply:

Change in personality/behavior	Headache	Inattention/Confusion
Pallor	Rapid Heartbeat	Slurred Speech
Weak/Shaky/Tremulous	Nausea/Loss of Appetite	Loss of Consciousness
Tired/Drowsy/Fatigued	Clammy/Sweating	Seizures
Dizzy/Staggering Walk	Blurred Vision	Other

Treatment of **LOW** blood glucose:

**HIGH BLOOD GLUCOSE: Above \_\_\_\_\_ mg/dl**

Usual symptoms of **HIGH** blood glucose for this student—check all that apply:

Increased or Extreme Thirst	Warm, Dry, or Flushed Skin	Blurred Vision
Increased Urination	Nausea/Vomiting	Weakness/Muscle Aches
Increased Appetite	Abdominal Pain	Fruity Breath Odor
Tired/Drowsy	Rapid, Shallow Breathing	Other

Treatment of **HIGH** blood glucose:

**Parent/Guardian (call first)**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Parent/Guardian (call second)**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Emergency Contacts (contacted only if unable to reach both parents)**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_